



لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ

# Umrah Dua Book

*Duas, steps and guides for the journey of a lifetime*



# بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

May Allah accept your Umrah. This book holds the duas you will need on your journey, in the order you will need them, with simple guides to each step.

## How each dua is shown

I

Original text

رَبَّنَا تَقَبَّلْ مِنَّا

II

Transliteration

*Rabbana taqabbal minna*

III

Meaning

Our Lord, accept this from us.

There is no fixed dua for each round of Tawaf or Sa'i. You may also pray in your own words. Your guide explains every step at the pre-trip class; if you are unsure about anything, ask your guide.

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| 01 | The journey        | السَّفَر                |
| 02 | Ihram              | الإِحْرَام              |
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| 05 | After Tawaf        | بَعْدَ الطَّوَافِ       |
| 06 | Sa'i               | السَّعْيُ               |
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• ★ •  
*Umrah at a glance*

# Umrah at a glance

• ★ •

Five steps, always in this order.



**Ihram at the Miqat**  
Intention and Talbiyah

01



**Tawaf**  
Seven rounds of the Ka'bah

02



**Two rakats and Zamzam**  
Behind Maqam Ibrahim

03



**Sa'i**  
Seven lengths, Safa to Marwah

04



**Shave or shorten**  
Your Umrah is complete

05

OI

The journey

السَّفَرُ



Said when setting out from home and when boarding the plane or  
bus.



The journey

## Leaving home

Say as you step out of your house for the journey.

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*Bismillah, tawakkaltu 'alallah, wa la hawla wa la quwwata illa billah.*

In the name of Allah. I place my trust in Allah, and there is no power or strength except with Allah.

## Dua for travelling

Say when you sit in the plane, car or bus at the start of the journey.

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ  
مُقْرِنِينَ، وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ. اللَّهُمَّ إِنَّا نَسْأَلُكَ فِي سَفَرِنَا هَذَا الْبِرَّ  
وَالتَّقْوَىٰ، وَمِنَ الْعَمَلِ مَا تَرْضَىٰ، اللَّهُمَّ هَوِّنْ عَلَيْنَا سَفَرَنَا هَذَا وَاطْوِ عَنَّا  
بَعْدَهُ، اللَّهُمَّ أَنْتَ الصَّاحِبُ فِي السَّفَرِ، وَالْخَلِيفَةُ فِي الْأَهْلِ، اللَّهُمَّ إِنِّي  
أَعُوذُ بِكَ مِنْ وَعَثَاءِ السَّفَرِ، وَكَآبَةِ الْمَنْظَرِ، وَسُوءِ الْمُنْقَلَبِ فِي الْمَالِ  
وَالْأَهْلِ

*Allahu akbar, Allahu akbar, Allahu akbar. Subhanalladhi sakhkhara lana hadha wa ma kunna lahu muqrinin, wa inna ila rabbina lamunqalibun. Allhumma inna nas'aluka fi safarina hadhal-birra wat-taqwa, wa minal-'amali ma tarda. Allhumma hawwin 'alayna safarana hadha watwi 'anna bu'dah. Allhumma antas-sahibu fis-safar, wal-khalifatu fil-ahl. Allhumma inni a'udhu bika min wa'tha'is-safar, wa ka'abatil-manzar, wa su'il-munqalabi fil-mali wal-ahl.*

Allah is the Greatest (three times). Glory be to the One who has placed this at our service, for we could never have done it ourselves, and to our Lord we will surely return. O Allah, we ask You on this journey for righteousness and piety, and for deeds that please You. O Allah, make this journey easy for us and shorten its distance. O Allah, You are our Companion on the journey and the Guardian of our families. O Allah, I seek Your protection from the hardship of travel, from distressing sights, and from finding harm in our wealth and families on our return.

*The journey*

## Arriving at your hotel

Say when you stop at any place on the journey, such as your hotel in Makkah or Madinah.

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

*A'udhu bi kalimatillahit-tammati min sharri ma khalaq.*

I seek refuge in the perfect words of Allah from the evil of what He has created.

02

# Ihram

الإِحْرَام

At the Miqat, after ghisl and wearing Ihram. On flights from Malé your guide tells you when.

## The Miqat



Enter Ihram before you cross the Miqat. Coming from Madinah it is Dhul Hulayfah. Flying into Jeddah you cross it in the air, so enter Ihram before or during the flight. Your guide will tell you when.



Ihram

## Intention for Umrah

Say once at the Miqat to enter the state of Ihram.

لَبَّيْكَ اللَّهُمَّ عُمْرَةً

*Labbayk Allahumma 'umrah.*

Here I am, O Allah, answering Your call for Umrah.

## Talbiyah

Repeat often from the Miqat until you begin Tawaf. Men aloud, women quietly.

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ  
لَكَ وَالْمُلْكَ، لَا شَرِيكَ لَكَ

*Labbayk Allahumma labbayk, labbayka la sharika laka labbayk. Innal-hamda wan-ni'mata laka wal-mulk, la sharika lak.*

Here I am, O Allah, here I am. Here I am, You have no partner, here I am. All praise and all blessings are Yours, and all dominion. You have no partner.

03

# Masjid al-Haram

المَسْجِدُ الْحَرَامُ



Entering and leaving the mosque, and the first sight of the Ka'bah.



## Entering the mosque

Step in with your right foot.

بِسْمِ اللَّهِ، وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ، أَعُوذُ بِاللَّهِ  
الْعَظِيمِ، وَبِوَجْهِهِ الْكَرِيمِ، وَسُلْطَانِهِ الْقَدِيمِ، مِنَ الشَّيْطَانِ  
الرَّجِيمِ، اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

*Bismillah, was-salatu was-salamu 'ala Rasulillah. A'udhu billahil-'azim, wa bi wajhihil-karim, wa sultanihil-qadim, minash-shaytanir-rajim. Allahummaftah li abwaba rahmatik.*

In the name of Allah, and peace and blessings be upon the Messenger of Allah. I seek refuge in Allah the Almighty, in His noble Face and His eternal authority, from Satan the outcast. O Allah, open for me the doors of Your mercy.

## On seeing the Ka'bah

When the Ka'bah first comes into view. Raise your hands and make your own dua too.

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ، فَحِينَا رَبَّنَا بِالسَّلَامِ

*Allahumma antas-salamu wa minkas-salam, fa hayyina rabbana bis-salam.*

O Allah, You are Peace and from You comes peace, so greet us, our Lord, with peace.

## Asking Allah to honour the House

Also said on first seeing the Ka'bah, as recorded by Imam Ash-Shafi'i.

اللَّهُمَّ زِدْ هَذَا الْبَيْتَ تَشْرِيفًا وَتَعْظِيمًا وَتَكْرِيمًا وَمَهَابَةً، وَزِدْ مَنْ  
شَرَفَهُ وَكَرَّمَهُ مِنْ حَجَّةٍ أَوْ اعْتَمَرَهُ تَشْرِيفًا وَتَكْرِيمًا وَتَعْظِيمًا وَبِرًّا

*Allahumma zid hadhal-bayta tashrifan wa ta'ziman wa takriman wa mahabah, wa zid man sharrafahu wa karramahu mimman hajjahu awi'tamarahu tashrifan wa takriman wa ta'ziman wa birra.*

O Allah, increase this House in honour, greatness, nobility and awe, and increase those who honour and respect it, among those who come for Hajj or Umrah, in honour, nobility, greatness and goodness.

## Leaving the mosque

Step out with your left foot.

بِسْمِ اللَّهِ، وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ  
مِنْ فَضْلِكَ، اللَّهُمَّ اعْصِمْنِي مِنَ الشَّيْطَانِ الرَّجِيمِ

*Bismillah, was-salatu was-salamu 'ala Rasulillah. Allahumma inni as'aluka min fadlik. Allahumma'simni minash-shaytanir-rajim.*

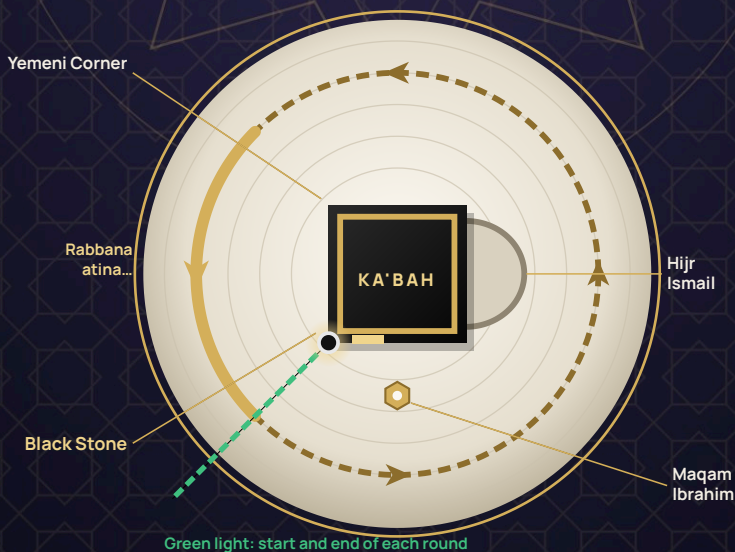
In the name of Allah, and peace and blessings be upon the Messenger of Allah. O Allah, I ask You for Your bounty. O Allah, protect me from Satan the outcast.

# 04 Tawaf الطَّوَّاف

Seven rounds with the Ka'bah on your left, starting and ending at the Black Stone. There is no fixed dua for each round; pray in your own words.

## How Tawaf works

7 ROUNDS · KA'BAH ON YOUR LEFT



Start at the Black Stone, keep the Ka'bah on your left and walk outside Hijr Ismail. Each return to the Black Stone completes one round.



Tawaf

## At the Black Stone

At the start of every round, face or point towards the Black Stone.

بِسْمِ اللَّهِ وَاللَّهُ أَكْبَرُ

*Bismillahi wallahu akbar.*

In the name of Allah, and Allah is the Greatest.

## Beginning the first round

Said at the start of Tawaf.

اللَّهُمَّ إِيْمَانًا بِكَ، وَتَصَدِّقًا بِكِتَابِكَ، وَوَفَاءً بِعَهْدِكَ، وَاتِّبَاعًا لِسُنَّةِ  
نَبِيِّكَ مُحَمَّدٍ ﷺ

*Allahumma imanana bika, wa tasdiqan bi kitabika, wa wafa'an bi 'ahdika, wattiba'an li sunnati nabiyyika Muhammad ﷺ.*

O Allah, out of faith in You, belief in Your Book, faithfulness to Your covenant, and following the way of Your Prophet Muhammad ﷺ.



Tawaf

## Remembrance during Tawaf

Repeat as you walk.

سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ، وَلَا  
حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

*Subhanallah, wal-hamdulillah, wa la ilaha illallah, wallahu akbar, wa la hawla wa la quwwata illa billahil-'aliyyil-'azim.*

Glory be to Allah, praise be to Allah, there is no god but Allah, Allah is the Greatest, and there is no power or strength except with Allah, the Most High, the Almighty.

## Between the Yemeni Corner and the Black Stone

On the last stretch of every round.

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

*Rabbana atina fid-dunya hasanah, wa fil-akhirati hasanah, wa qina 'adhaban-nar.*

Our Lord, give us good in this world and good in the Hereafter, and protect us from the punishment of the Fire.



Tawaf

## The best remembrance

Any time during Tawaf.

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، بِيَدِهِ  
الْخَيْرُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

*La ilaha illallahu wahdahu la sharika lah, lahul-mulku wa lahul-hamd, biyadihil-khayr, wa huwa 'ala kulli shay'in qadir.*

There is no god but Allah alone, with no partner. His is the dominion and His is the praise, in His hand is all good, and He has power over all things.

05

After Tawaf

بَعْدَ الطَّوَّافِ



Two rakats behind Maqam Ibrahim or anywhere in the mosque,  
then Zamzam.



## Walking to Maqam Ibrahim

Recite as you walk towards Maqam Ibrahim after finishing Tawaf.

وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى

*Wattakhidhu min maqami Ibrahima musalla.*

And take the standing place of Ibrahim as a place of prayer (Al-Baqarah 2:125).

## First rakat • Surah Al-Kafirun

Recite after Al-Fatihah in the first rakat.

قُلْ يَا أَيُّهَا الْكَافِرُونَ ﴿١﴾ لَا أَعْبُدُ مَا تَعْبُدُونَ ﴿٢﴾ وَلَا  
أَنْتُمْ عَابِدُونَ مَا أَعْبُدُ ﴿٣﴾ وَلَا أَنَا عَابِدٌ مَا عَبَدْتُمْ ﴿٤﴾ وَلَا  
أَنْتُمْ عَابِدُونَ مَا أَعْبُدُ ﴿٥﴾ لَكُمْ دِينُكُمْ وَلِيَ دِينِ ﴿٦﴾

*Qul ya ayyuhal-kafirun. La a'budu ma ta'budun. Wa la antum 'abiduna ma a'bud. Wa la ana 'abidum ma 'abattum. Wa la antum 'abiduna ma a'bud. Lakum dinukum wa liya din.*

Say: O disbelievers, I do not worship what you worship, nor do you worship what I worship. I will never worship what you worship, nor will you worship what I worship. To you your religion, and to me mine.



After Tawaf

## Second rakat · Surah Al-Ikhlās

Recite after Al-Fatihah in the second rakat.

قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ اللَّهُ الصَّمَدُ ﴿٢﴾ لَمْ يَلِدْ وَلَمْ يُولَدْ  
﴿٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٤﴾

*Qul huwallahu ahad. Allahus-samad. Lam yalid wa lam yulad. Wa lam yakul-lahu kufuwan ahad.*

Say: He is Allah, the One. Allah, the Eternal Refuge. He neither begets nor is born, and there is none comparable to Him.

## Drinking Zamzam

Face the Qiblah, say Bismillah and drink in three sips.

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا، وَرِزْقًا وَاسِعًا، وَشِفَاءً مِنْ كُلِّ  
دَاءٍ

*Allahumma inni as'aluka 'ilman nafi'a, wa rizqan wasi'a, wa shifa'an min kulli da'.*

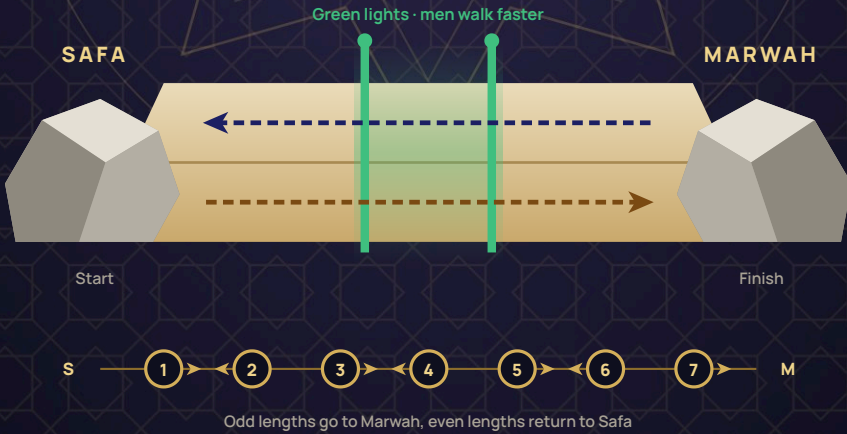
O Allah, I ask You for beneficial knowledge, plentiful provision, and a cure for every illness.

06

Sa'i  
السعي

Seven lengths between Safa and Marwah: Safa to Marwah is one,  
back to Safa is two, ending at Marwah.

### How Sa'i works



Begin at Safa and finish at Marwah. Seven lengths in total.

## Approaching Safa

Recite once as you near Safa at the start of Sa'i.

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ <sup>ص</sup> فَمَنْ حَجَّ الْبَيْتَ أَوْ اعْتَمَرَ فَلَا  
جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ بِهِمَا وَمَنْ تَطَوَّعَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ  
عَلِيمٌ. أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ

*Innas-safa wal-marwata min sha'a'irillah, faman hajjal-bayta awi'tamara fala  
junaha 'alayhi an yattawwafa bihima, wa man tatawwa'a khayran fa innallaha  
shakirun 'alim. Abda'u bima bada'allahu bih.*

Indeed, Safa and Marwah are among the symbols of Allah. So whoever performs Hajj or Umrah commits no wrong by walking between them, and whoever does good willingly, Allah is Appreciative and All-Knowing (Al-Baqarah 2:158). I begin with what Allah began with.

## On Safa and Marwah

Face the Ka'bah, raise your hands, and say this three times with your own dua in between.

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ. لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ  
الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، أُنْجِزْ  
وَعْدَهُ، وَنَصْرَ عَبْدِهِ، وَهَزِمَ الْأَحْزَابَ وَحْدَهُ

*Allahu akbar, Allahu akbar, Allahu akbar. La ilaha illallahu wahdahu la sharika lah,  
lahul-mulku wa lahul-hamd, wa huwa 'ala kulli shay'in qadir. La ilaha illallahu  
wahdah, anjaza wa'dah, wa nasara 'abdah, wa hazamal-ahzaba wahdah.*

Allah is the Greatest (three times). There is no god but Allah alone, with no partner. His is the dominion and His is the praise, and He has power over all things. There is no god but Allah alone. He fulfilled His promise, gave victory to His servant, and defeated the confederates alone.

## Between the green lights

Men walk faster here; women walk at a normal pace.

رَبِّ اغْفِرْ وَارْحَمْ، إِنَّكَ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

*Rabbighfir warham, innaka antal-a'azzul-akram.*

My Lord, forgive and have mercy. You are the Most Mighty, the Most Generous.

07

# Masjid an-Nabawi

المَسْجِدُ النَّبَوِيُّ

The Prophet's Mosque in Madinah. Visiting it is not part of Umrah,  
but it is one of the most blessed parts of the journey.

## Entering the Prophet's Mosque

Step in with your right foot, calmly and with respect.

بِسْمِ اللَّهِ، وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ، اللَّهُمَّ افْتَحْ لِي  
أَبْوَابَ رَحْمَتِكَ

*Bismillah, was-salatu was-salamu 'ala Rasulillah. Allahummaftah li abwaba rahmatik.*

In the name of Allah, and peace and blessings be upon the Messenger of Allah. O Allah, open for me the doors of Your mercy.

## Sending blessings on the Prophet ﷺ

Say often while you are in Madinah, and before greeting the Prophet ﷺ.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ، كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ  
وَعَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ

*Allahumma salli 'ala Muhammadin wa 'ala ali Muhammad, kama sallayta 'ala Ibrahima wa 'ala ali Ibrahim, innaka hamidun majid.*

O Allah, send blessings on Muhammad and the family of Muhammad, as You sent blessings on Ibrahim and the family of Ibrahim. You are Praiseworthy, Glorious.

## Greeting the Prophet ﷺ

Stand calmly facing the grave, keep your voice low and do not crowd.

السَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ، أَشْهَدُ أَنَّكَ قَدْ  
بَلَّغْتَ الرِّسَالَةَ، وَأَدَّيْتَ الْأَمَانَةَ، وَنَصَحْتَ الْأُمَّةَ، وَجَاهَدْتَ فِي  
اللَّهِ حَقَّ جِهَادِهِ

*As-salamu 'alayka ya Rasulallahi wa rahmatullahi wa barakatuh. Ashhadu annaka qad ballaghtar-risalah, wa addaytal-amanah, wa nasahtal-ummah, wa jahadta fillahi haqqa jihadih.*

Peace be upon you, O Messenger of Allah, and the mercy of Allah and His blessings. I bear witness that you conveyed the message, fulfilled the trust, gave sincere counsel to the Ummah, and strove for Allah as He deserves.

## Greeting Abu Bakr and Umar

Move one step to the right for each.

السَّلَامُ عَلَيْكَ يَا أَبَا بَكْرٍ، رَضِيَ اللَّهُ عَنْكَ . السَّلَامُ عَلَيْكَ يَا  
عُمَرُ، رَضِيَ اللَّهُ عَنْكَ

*As-salamu 'alayka ya Abu Bakr, radiyallahu 'ank. As-salamu 'alayka ya 'Umar, radiyallahu 'ank.*

Peace be upon you, O Abu Bakr, may Allah be pleased with you. Peace be upon you, O Umar, may Allah be pleased with you.

## In Ar-Rawdah

There is no fixed dua here. Pray two rakats in your booked time slot and make your own dua.

مَا بَيْنَ بَيْتِي وَمِنْبَرِي رَوْضَةٌ مِنْ رِيَاضِ الْجَنَّةِ

*Ma bayna bayti wa minbari rawdatun min riyadil-jannah.*

The Prophet ﷺ said: Between my house and my pulpit is a garden from the gardens of Paradise. (Al-Bukhari)

08

# Ziyarat in Madinah

الزِّيَارَة



The guided visits: Masjid Quba, Al-Baqi' and Mount Uhud.



## Masjid Quba

Make wudu at your hotel, then pray two rakats at Quba. There is no fixed dua.

مَنْ تَطَهَّرَ فِي بَيْتِهِ، ثُمَّ أَتَى مَسْجِدَ قُبَاءٍ، فَصَلَّى فِيهِ صَلَاةً، كَانَ لَهُ كَأَجْرِ عُمْرَةٍ

*Man tatahhara fi baytihi, thumma ata masjidida Quba', fasalla fihi salatan, kana lahu ka-ajri 'umrah.*

The Prophet ﷺ said: Whoever purifies himself at home, then comes to Masjid Quba and prays in it, has a reward like that of an Umrah. (Ibn Majah)

## At Al-Baqi' and the martyrs of Uhud

Say when you visit any graves, facing the graves.

السَّلَامُ عَلَيْكُمْ أَهْلَ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ، وَإِنَّا إِن شَاءَ اللَّهُ بِكُمْ لِلْآحِقُونَ، نَسْأَلُ اللَّهَ لَنَا وَلَكُمْ الْعَافِيَةَ

*As-salamu 'alaykum ahlad-diyari minal-mu'minina wal-muslimin, wa inna in shaAllahu bikum lalahiqun, nas'alullaha lana wa lakumul-'afiyah.*

Peace be upon you, people of these dwellings, believers and Muslims. We will join you, if Allah wills. We ask Allah for well-being for us and for you.

09

# Hajj days

الحج



For pilgrims performing Hajj.

## The days of Hajj



- ① 8th Makkah to Mina
- ② 9th Mina to Arafah, stay until sunset
- ③ 9th night Arafah to Muzdalifah
- ④ 10th Muzdalifah to Mina, stone the large pillar
- ⑤ 10th Tawaf al-Ifadah and Sa'i in Makkah

From the 11th to the 13th, pilgrims stay in Mina and stone all three pillars each day.



Hajj days

## Intention for Hajj

On the 8th of Dhul Hijjah, after ghusl and wearing Ihram, then begin the Talbiyah.

لَبَّيْكَ اللَّهُمَّ حَجًّا

*Labbayk Allahumma hajjan.*

Here I am, O Allah, answering Your call for Hajj.

## Day of Arafah

The best dua is the dua of Arafah. Repeat this often and pray for everything you need until sunset.

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ  
عَلَى كُلِّ شَيْءٍ قَدِيرٌ

*La ilaha illallahu wahdahu la sharika lah, lahul-mulku wa lahul-hamd, wa huwa 'ala kulli shay'in qadir.*

There is no god but Allah alone, with no partner. His is the dominion and His is the praise, and He has power over all things.

## Morning at Muzdalifah

After Fajr, face the Qiblah and repeat with your own dua until the sky is bright.

اللَّهُ أَكْبَرُ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ

*Allahu akbar, la ilaha illallahu wahdahu la sharika lah.*

Allah is the Greatest. There is no god but Allah alone, with no partner.

## Stoning the Jamarat

Say with each of the seven pebbles. After the small and middle pillars, step aside, face the Qiblah and make a long dua.

اللَّهُ أَكْبَرُ

*Allahu akbar.*

Allah is the Greatest.

Hajj days

## Takbir of the days of Eid

Say often from the Day of Arafah until the last day of Tashreeq, especially after each prayer.

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، لَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ،  
وَلِلَّهِ الْحَمْدُ

*Allahu akbar, Allahu akbar, la ilaha illallah, wallahu akbar, Allahu akbar, wa lillahil-hamd.*

Allah is the Greatest, Allah is the Greatest. There is no god but Allah. Allah is the Greatest, Allah is the Greatest, and all praise belongs to Allah.

## The sacrifice

Said when the sacrifice is made for you.

بِسْمِ اللَّهِ وَاللَّهُ أَكْبَرُ، اللَّهُمَّ مِنْكَ وَلَكَ

*Bismillahi wallahu akbar. Allahumma minka wa lak.*

In the name of Allah, and Allah is the Greatest. O Allah, it is from You and for You.

IO

Duas for any time

أَدْعِيَةٌ جَامِعَةٌ



For the Multazam, Arafah, after prayers and every quiet moment of  
the journey.



• ★ •  
*Duas for any time*

## Asking for acceptance

The dua of Ibrahim and Ismail as they built the Ka'bah.

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

*Rabbana taqabbal minna, innaka antas-sami'ul-'alim.*

Our Lord, accept this from us. You are the All-Hearing, the All-Knowing. (Al-Baqarah 2:127)

## Asking for forgiveness

Taught by the Prophet ﷺ to Aishah.

اللَّهُمَّ إِنَّكَ عَفْوٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

*Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni.*

O Allah, You are Pardoning and You love to pardon, so pardon me. (At-Tirmidhi)

• ★ •  
*Duas for any time*

## The master of forgiveness

Sayyid al-Istighfar. Say it morning and evening.

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ  
وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوْءُ لَكَ بِنِعْمَتِكَ  
عَلَيَّ، وَأَبُوْءُ بِذَنْبِي، فَاغْفِرْ لِي، فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

*Allahumma anta rabbi la ilaha illa ant, khalaqtani wa ana 'abduk, wa ana 'ala 'ahdika  
wa wa'dika mastata't, a'udhu bika min sharri ma sana't, abu'u laka bi ni'matika  
'alayya, wa abu'u bi dhanbi, faghfir li, fa innahu la yaghfirudh-dhunuba illa ant.*

O Allah, You are my Lord, there is no god but You. You created me and I am Your servant, and I keep Your covenant and promise as much as I can. I seek refuge in You from the evil I have done. I acknowledge Your blessings upon me, and I acknowledge my sins, so forgive me, for none forgives sins but You. (Al-Bukhari)

*Duas for any time*

## For yourself, your parents and all believers

The dua of Ibrahim.

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

*Rabbanaaghfir li wa liwalidayya wa lil-mu'minina yawma yaqumul-hisab.*

Our Lord, forgive me, my parents and the believers on the Day the reckoning is held.  
(Ibrahim 14:41)

## For your parents

Remember your parents in every place of acceptance.

رَبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا

*Rabbirhamhuma kama rabbayani saghira.*

My Lord, have mercy on them as they raised me when I was small. (Al-Isra 17:24)

*Duas for any time*

## For a steady heart

So the change of this journey stays with you at home.

يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ

*Ya muqallibal-qulub, thabbit qalbi 'ala dinik.*

O Turner of hearts, keep my heart firm on Your religion. (At-Tirmidhi)

## II

# Returning home

الْعَوْدَة



On the way home, and when your city comes into view.



## Dua on returning

Say on the return journey.

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ  
الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، آيُونَ تَائِبُونَ عَابِدُونَ  
سَاجِدُونَ، لِرَبِّنَا حَامِدُونَ، صَدَقَ اللَّهُ وَعْدَهُ، وَنَصَرَ عَبْدَهُ، وَهَزَمَ  
الْأَحْزَابَ وَحْدَهُ

*Allahu akbar, Allahu akbar, Allahu akbar. La ilaha illallahu wahdahu la sharika lah,  
lahul-mulku wa la hul-hamd, wa huwa 'ala kulli shay'in qadir. Ayibuna, ta'ibuna,  
'abiduna, sajjiduna, li rabbina hamidun. Sadaqallahu wa'dah, wa nasara 'abdah, wa  
hazamal-ahzaba wahdah.*

Allah is the Greatest (three times). There is no god but Allah alone, with no partner. His is the dominion and His is the praise, and He has power over all things. We return, repenting, worshipping, prostrating, and praising our Lord. Allah fulfilled His promise, gave victory to His servant, and defeated the confederates alone.

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

*Our Lord, accept this from us. You are the All-Hearing, the All-Knowing.*

AL-BAQARAH 2:127



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